

COSTCO BULLETPROOF

shopping list



MEAT

- KIRKLAND WILD ALASKAN SMOKED SOCKEYE SALMON

PANTRY

- DEL DESTINO CAPERS
- PURE VANILLA EXTRACT
- TASSOS KALAMATA OLIVES PITTED EXTRA JUMBO
- KIRKLAND BLANCHED ALMOND FLOUR
- KIRKLAND RAW ALMONDS
- KIRKLAND HIMALAYAN PINK SALT

PRODUCE

- EARTHBOUND FARM ORGANIC POWER GREENS (BABY CHARD, SPINACH, AND KALE)
- SELECTION OF FRESH ORGANIC BERRIES (BLUEBERRIES, STRAWBERRIES, AND RASPBERRIES)

HEALTHY FATS

- KIRKLAND ORGANIC PASTURE-RAISED EGGS
- KIRKLAND SIGNATURE ORGANIC COCONUT OIL
- THAI KITCHEN ORGANIC COCONUT MILK
- KIRKLAND SIGNATURE ORGANIC EXTRA VIRGIN OLIVE OIL

FROZEN

- KIRKLAND FROZEN WILD ALASKAN SOCKEYE SALMON
- GREEN GIANT ORGANIC FROZEN RICED CAULIFLOWER